

SCOV Pickleball Club Newsletter DECEMBER 2020

<https://scovpb.org>

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**A SPECIAL THANK YOU TO
NELSON AND DAVE**



Note from Sigrid Flatness, Treasurer (and on behalf of board members Tony and John)

I have had the pleasure of working with both **Nelson Brown** and **Dave Burnham** for the past three years on the Pickleball Club Board. Both will be leaving their positions at the end of this year. Each of them brought expertise and enthusiasm to the board to provide the best possible experience for our membership. It's hard to list everything they have done!

Dave Burnham has developed our current orientation and training program for new members. He's been involved with the mentor program for beginners in addition to providing mini-classes for experienced players. He loves what he does and it shows.

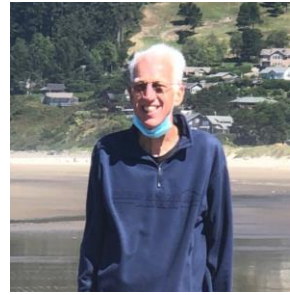
Nelson Brown has been the key to how our club runs. He's been involved in every aspect of our club for three years. Upgrades and maintenance of our courts is because of Nelson's hard work almost every day. In addition, he researched, bought and evaluates the balls for club use. He and Jeff Rusch built new paddle racks and ball holders, recognized need for court fence tops, lamp pole guards, fan installation, new water fountain, etc. He's been a strong advocate for needed additional courts. As well as being Secretary and President, he's chaired the schedule committee.

Please join me in thanking Dave and Nelson who have gone above and beyond in their board tenure. Their shoes will be hard to fill.

Also please thank additional members who help our club run smoothly:

Renee Steinmetz - Newsletter creator and editor. Assistant Webmaster
Don Teiser - Webmaster
Sue Lane - Five years conducting Treasury audit
All Committee members

CHANGING OF THE BOARD!



We'd like to announce the results of the recent election of two members to the Board of Directors of the SCOV Pickleball Club.

CONGRATULATIONS to Nancy Vander Ark and Doug Brown, who will start a two-year term on January 1, 2021! They will be joining current Board members Sigrid Flatness, Tony Masterjohn, and John McConnaughey who are in the middle of their two-year term.

After January 1st, the new Board will decide on who will fill each position (President, Vice President, Secretary and Treasurer), which will be announced to members, and begin work for our Club.

MEMBERSHIP RENEWAL REMINDER

Many of you who have been club members for a while remember when membership went from January to December and we would renew membership in the late fall.

That is no longer happening. When we went to our new website the membership due dates changed. For those of you who joined in the last 2 years, your membership year is now determined by your join date. For many of you who have been club members for a while, your membership comes due based on when you last paid.

PLEASE NOTE...DO NOT pay your membership dues until you receive an email reminder from scovpb.org. You will start getting reminders about 2 months before your membership due date and these will stop once your dues are paid. If you don't pay by the due date your membership will lapse and you should not be playing during scheduled club times until you rejoin.

**SUSPENDED UNTIL
FURTHER NOTICE!**

Round Robin Play is Back!

Casual Round Robin play is every Friday from 1PM to 3PM.



Due to COVID Exposure
Competitive Round Robin Play is every Thursday from 1PM to 3PM. Come join the fun!



WHAT'S NEW ON THE COURTS!

On Monday, November 9, we had a crew of our members **power wash the courts**. Members were Craig Jones, Tom Cooksey, Bob Shull, Jeff Rusch, Jane Lutz, and Nelson Brown. Craig lent us his power washer which we're storing (without gasoline) in the Storage Room by the bathrooms. The courts were extremely dirty since we had so little monsoon rains these past six months and the HOA claims not to have the manpower to do the job. The Board thanks these members for their hard work for our Club. We hope to wash the courts every six months or so depending on the rains. The best days to power wash are on rainy days when no one is playing.

Did you know that the court nets are measured one per week to be at the proper 34" center height? The chlorine bucket solution is checked daily and water replaced as needed. Court balls are checked daily as are the sign-in sheets on each court. Items left on the courts are collected and placed in the "lost and found bin" on court 4.

Please **close all gates** when leaving in order to keep the javelinas out! Please **turn off the court lights** when leaving as the timers stick and do not always turn off the lights.

The **last of our supply of yellow Onix Pure 2 balls** are all on the courts now and will be replaced as necessary with the neon-colored Onix Fuse G2 ball. The Fuse G2 plays almost identical to the Pure 2's and are very durable and easy to see. **Balls should not be left in the chlorine buckets overnight** as the chlorine precipitates onto the ball surfaces. Balls that crack or get soft should be placed in the "bad ball" bag on court 3; please do not crush the balls!

Members are still requested to **use masks when unable to social distance** and to sign in with first name and last initial on the **court sign-in sheets**. Participation is requested in order to get more courts and for Covid tracing should it become necessary. Please print your name so that we can contact you if needed.

Future possible court projects

- solar-powered webcam(s) so that you can easily check court conditions and activities
- windscreens on the south fence to block the predominate southwest winds and reflections off the parking lot vehicles
- bird nets between courts to stop balls from stopping play
- more courts needed as we continue to grow

The current membership is now close to 400! The Long Range Planning Committee has an extensive report on the HOA website and copies in the HOA Library that proposes 8 new pickleball courts at the corner of E Rancho Vistoso and Silverton Avenue (where currently resides Bocce and Miniature Golf). The HOA plans to resurface our courts sometime in 2021.

Tips to Improve Your Play!

The 5 Best Pickleball Drills!



1. Dinking

Dinking is essential to any pickleball strategy. This is a move that isn't just an important part of your arsenal but should be your primary skill.

Dinking is hitting the ball softly and making it drop straight to the ground after it passes the net. Have your opponent stand across from you in the non-volley zone and spend about 5 minutes hitting the ball back and forth, working on your dinking.

2. Volley

A volley means hitting the ball before it bounces off the ground. This can be a move that throws off your opponent and allows you to control the pace of the game.

Spend 5 minutes hitting volleys back and forth with your opponent. Pick up the speed as you both get comfortable, trying to hit your opponent's backhand.

3. Groundstrokes

The opposite of volleys, groundstrokes are hitting the ball after it has bounced. Groundstrokes can be tricky as bounces don't always come up to you in the same direction.

Spending 10 minutes returning groundstrokes to your opponent gives you a better idea of how bounces work and how to react to them. This will improve your reflexes and overall reaction time.

4. Lobbing

Lobbing drills give you time to practice not just lobbing itself, but also overhead returns. Alternate with your opponent, one person lobbing and the other returning with overhead hits. You'll want to do this 30 to 40 times.

5. Getting to the Line

Getting to the non-volley line quickly can be the difference between winning and losing. The player at the line has more ways to play the ball, but you have to be fast.

Alternate with your partner, serving them the ball and then running to the line before they hit it back deep. You can also work on your speed by running sprints back and forth to the line.

December Mystery Club Member...Who AM I?

I am a retired elementary teacher from the great state of Washington. My husband and I raised two sports minded sons, a couple of Golden Retrievers, and several stray cats over the years. We all played soccer, tennis, and golf, and skied in the winter. The boys played tons of basketball as well, so we built them a basketball court in the mid 90's. This turned out big enough to double as a pickleball court. We were the only pickleball players in our town playing this new, fun game, and we had a blast!

Straight out of college (GO COUGS!), I was fortunate to teach school in Australia for 2 years. That got us hooked on international travel early in our marriage, and we have made good use of our passports ever since. I have been in over 20 countries, my favorites being Switzerland, Fiji, New Zealand, Italy, Croatia, Slovenia, UAE, Bali, and Czech Republic. We spent 6 weeks in India, which was quite an exhilarating experience.

I played the bagpipes in high school and performed on a synchronized swim team. I also played piano for years and was a member of a bell choir. As a retiree, I love playing pickleball, riding my bike, hiking, and taking photographs, especially of my two grandkids. Some highlights in retirement include summiting Mt. St. Helens, hiking to the bottom of the Grand Canyon, snorkeling in the Great Barrier Reef, and bicycling around Lake Constance in Europe. After 5 years of being snowbirds, we became full time Arizona residents this fall. The lifestyle SCOV offers simply can't be beat, and we look forward to soaking up the Arizona sunshine for many years to come.

Can you guess who this mystery member is?? Their name can be found at the bottom of this page.

CLUB LADDER PLAY CONTINUES!



A "ladder" is a format of organized play where players will be playing with others of similar skill level. The ladder is played on Sunday mornings in 2 sessions from 8:00 am - 10:00 am and, if needed 10:00 am - 12:00 noon, depending on the number of members who sign up. The schedule can accommodate up to 40-50 players each week. You don't have to play every week to participate.

Your level of play is as follows: Novice 1.0 - 2.5; Casual 2.5 - 3.0; Competitive 3.0 - 3.5; Tourney 3.5 - 5.0. Your self-rating will be used to place you in a skill grouping for play.

All players can sign up until Saturday at 12:00 noon by sending your name and skill level to [Bill Brown at \[BillBrown@scovbaseball@gmail.com\]\(mailto:BillBrown@scovbaseball@gmail.com\)](mailto:BillBrown@scovbaseball@gmail.com). Bill is our Ladder Manager and sets up the groups for Sunday mornings. Title your email as Ladder Play.

SUSPENDED UNTIL FURTHER NOTICE!
Due to COVID Exposure

PLEASE CHECK YOUR EMAIL ON SATURDAY EVENINGS around 6PM to confirm your starting time slot (either 8:00AM or 10:00AM) on Sunday morning.

Did you guess who our December mystery member is? Thank you, Karen Burnham, for sharing with us!