



SCOV Pickleball Club Newsletter FEBRUARY 2021

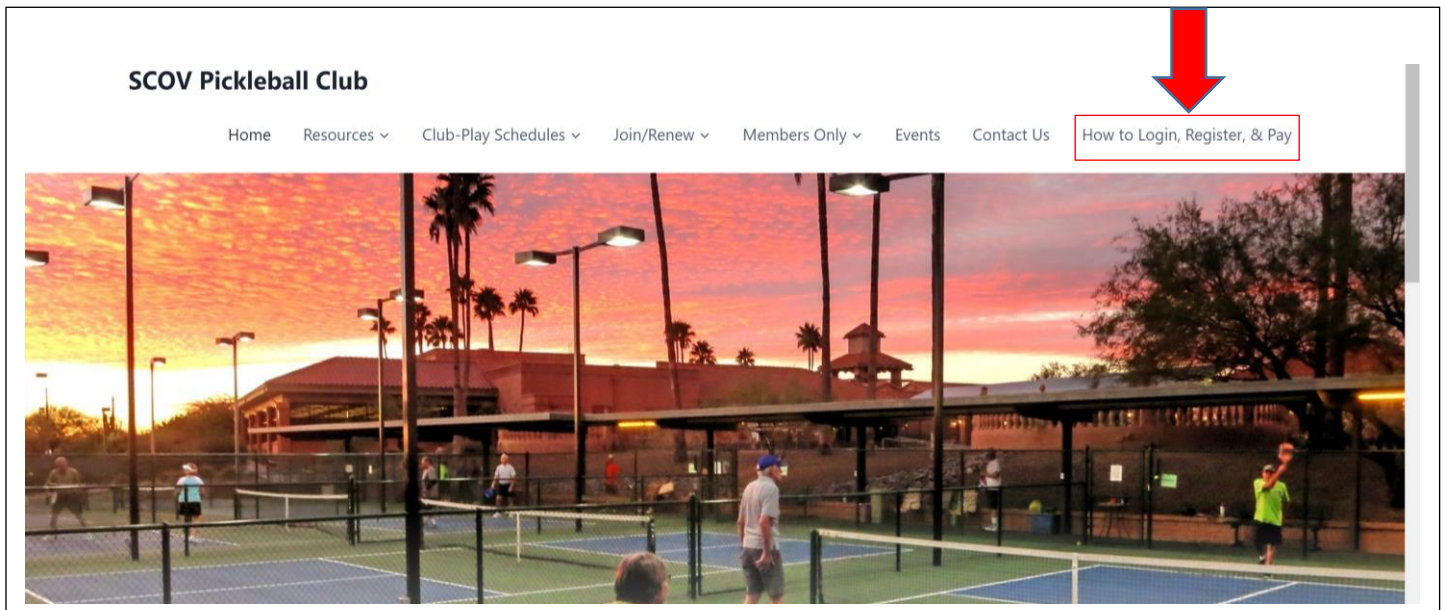
<https://scovpb.org>

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*Happy
Valentine's
Day*

A NEW WEBSITE FEATURE



Would you like your website experience to be easy and carefree? There is a new information guide on our website to help you with common problems such as

- Logging in on a computer or smart phone
- Password and Email Requirements
- Renewing Membership

Just look at the top right corner on the website for this downloadable document.

<https://scovpb.org>

PICKLEBALL RULES YOU SHOULD KNOW

Line Call Rules: In or Out?

Same ball + different perspectives = different Calls!



“If someone has to judge (because they can’t actually see) the point of contact, they’re guessing or assuming they know where that contact point is in relation to the line. Guessing or assuming = doubt”

“If you can’t see space between the ball and the line, play it “in”, don’t call it “out”.

The ball can be called “out” from the left picture perspective, but not by the second one.

Here’s the Rule: All balls hit to your side of the net must be considered 'in' UNLESS you can actually see space between the ball and the line. That is what giving the benefit of the doubt to your opponents is all about.

The shadows in the pictures above have no bearing on whether or not the ball is in or out. Neither does the degree of overlap the ball has with the line.

SAY GOODBYE TO THE LET SERVE!



Service Lets (2020 Section 4.0 & 3.A.18) Removed

Rules 4.0, 4.0.1, 4.0.2, & 4.0.3 and 3.A.18

Removed: The definition (3.A.18) and section 4 (Service Lets) have been removed. Starting in 2021, there will be no rule(s) governing service lets. Service Lets have been removed. **It is noted** that out of habit, both referees and players may sometimes habitually call a service let. If any player stops play because of a service let being called, that player/team will have committed a fault per rule 7.1.

Reasons:

Each year there is probably one rule change that is more controversial than the others. This year, we expect the change to the 'let' serve rule to fall in that category.

Many have questioned, "Why?" It's a normal and expected question that deserves an answer. The reason behind this change was only considered after careful thought. It was not a capricious or arbitrary decision. What follows is an attempt to provide an explanation.

Those opposed to the change may not have their opinion changed, but at least one will know what was behind the decision.

The Rules Committee Considerations

The Rules Committee is committed to the following priorities when they approve rules:

1. The first priority is preserving the integrity of the game. Nothing is more important to the committee than that.
2. Second priority is what is best for the players; are there rule changes the committee can make to improve their experience, make it easier for players to learn, to play, etc.
3. Third priority is what's best for officiating; what can the committee do in rules space to make it less likely that players will argue with or get into conflicts with referees.



WHAT'S NEW ON THE COURTS!

For the past six months, our courts have been kept in good shape due to the hard work of Bob Shull. Bob is retiring from this task. The board thanks Bob for his dedication in keeping our courts in tip top shape and presented him with a T-Shirt for his service to the club.

Ken Sandrock of maintenance stated he will clean the courts on Thursdays. However, we still need volunteers to keep the courts clean in addition to Ken's help. We are establishing a cleaning crew to blow off the courts in the morning. Please volunteer so we can continue to keep the courts in good shape. Contact Doug Brown at wiziland@comcast.net if you can help with this.

DUE TO POPULAR DEMAND...Ladder Play is expanding where we may need to have two sessions of competitive play.

Robin Coulter has agreed to look into installing a camera on the courts so members can see if anyone is playing. This won't be done until after the SCOV election.

We are obtaining quotes for the wind screens for courts 1-2 and the golf cart path side of court 5.

Courts will be resurfaced in late spring or early summer.

CALLING ALL VOLUNTEERS!

We need volunteers to work on our pickleball committees. Our 2020 committee members have done a fantastic job, our club would not be the same without the hard work and dedication of these amazing people. For 2021 we need volunteer for these committees:

- **MAINTENANCE COMMITTEE:** This is a new committee. The maintenance committee will schedule members to clean courts in the morning, especially after wind and rain events. We need casual and competitive players to volunteer to do this. It usually only takes a few minutes, and with enough volunteers to spread out the work, it is not that much of a chore.
- **SCHEDULE COMMITTEE:** Want to get into the thick of it? This committee develops the court schedule, allocating the courts among the various groups that want to use them.
- **SOCIAL COMMITTEE:** Organizes our Christmas party, summer Pizza party, and Octoberfest Beer and Brats party.
- **NOMINATING COMMITTEE:** Tasked with recruiting members to run for board positions. This is so important to keeping the club going.
- **TOURNAMENTS COMMITTEE:** Organizes tournaments, like the incredibly popular Poker Pickleball, and Ladderball tournaments.
- **TRAINING COMMITTEE:** Helps teach basic pickleball to new players, instructs on using the ball machine, and conducts clinics to hone the skills of our players.

Please phone, text, or email John McConnaughey if you can possibly help out on one of these committees. phone is 503-580-2465, email is Captain.Faisua@gmail.com.

COURT EXPANSION UPDATE:

Below is a reply from SCOV Board President Joy Huxtable on the request from our club board for additional pickleball courts:

Tony,

No, the Board did not discuss the expansion of the Pickleball courts at the January 14th Study Session, nor at the Special Board Meeting this week. It was not on either Agenda. Adding additional courts would involve a major capital expenditure, including the potential cost of relocating the current courts. It is not being considered by the Board at this time. Currently, several other projects viewed as high priority are being evaluated as part of the 5-Year Capital Funding Plan.

The Board has received varying comments on the perceived need for additional courts. We have even heard from some Pickleball Club members that wait times are not excessive and additional courts are not needed.

If you would like to continue your pursuit for funding of additional Pickleball Courts, there is a process you can use. Submit a formal proposal for the Board to consider additional Pickleball Courts. Your club needs to complete the Long Range Planning Project Form, including answering the 10 questions, then submit your proposal to the Long Range Planning Committee. They will evaluate it and make a recommendation to the Board.

Sincerely,
Joy



WANT TO IMPROVE YOUR GAME? WEEKLY SKILLS CLINICS ARE BACK!

Every Tuesday from 1PM to 3:00PM a skills clinic is offered to improve your confidence and competence on the court. Watch for the weekly email announcing the skill that is covered for the following Tuesday. Skills include:

SERVE AND RETURN OF SERVE

THIRD SHOT DROP

VOLLEY AND HALF VOLLEY

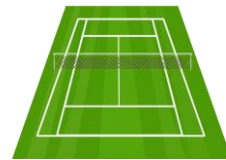
LOBS AND OVERHEAD SLAMS

PARTNERING SKILLS

Before attending a skills clinic, go to our website and review the videos and handouts on the skill being covered that week: <https://scovpb.org/skills-clinics-2/>

Tips to Improve Your Play!

3 Tips to Improve Your Dink Practice



DON'T JUST DINK

The biggest challenge is knowing what you are trying to accomplish in the first place. You don't want to go out and dink just to dink. You won't get any better, and in fact, will simply be ingraining your current (perhaps faulty) technique. You need to have specific goals and targets. How hard is too hard? How high is too high? Are you aiming for a target or just trying to get it over? Here are three tips which will make your precious dink practice time more effective.

DINK PRACTICE TIP #1: PLAN & PURPOSE

Practice with a purpose! Rather than just mindlessly dinking back and forth, give yourself some targets. Try to identify when you are dinking offensively rather than defensively. Are you watching the ball? Are you relaxed, or are you holding your breath as the rally continues? Set a goal for each time you practice. Perhaps this week you want to just focus on staying relaxed and breathing. Next week, you might focus on extending and pushing from your shoulder. As you master this motion, see how long you can keep the ball on your paddle face. Focus on carrying the ball over the net. None of these need to be big changes. In fact, as you improve you will find that the changes become smaller and smaller. You will need to really focus as you practice dinking to correctly identify when you are doing it right.

DINK PRACTICE TIP #2: FOCUS ON YOUR LOWER BODY

Most people think that dinking effectively is all about the correct arm movement....but in fact, everything starts with your lower body. Often we overdo everything...swinging our bodies and moving our feet far too much. When you practice dinking you want your feet to be quiet. If you are sliding your feet, you are NOT picking up your feet and shifting your weight. Even on a small dink, you want your weight under you and moving into the ball. Think of your dink practice like an egg toss match. Shuffling or jumping about would obviously cause the egg to break. Just as you would absorb the egg with your hands if someone tossed it to you, you need your body to absorb the pickleball and then lift it over the net.

DINK PRACTICE TIP #3: MOVE THE BALL

The biggest mistake players make when they practice dinking is continually hitting the ball back to the same spot. You want your practice partner to move because the more they move the greater likelihood they won't be in an offensive position. So, move them from side to side. Move them forward and back. During another dink practice session focus on creating dinks with different paces. Can you slow the ball down? If so, what did you do to make this happen? Challenge yourself to change the speed of your dinks. Again, you will find that this is more easily accomplished if you focus on your body...not just your arm.

It's important to figure out what you want for your game...what areas do you want to improve. Confidence comes from knowledge on the court...and having confidence will always improve the way you play.

February Mystery Club Member...Who AM I?

I was born and raised in Saint Paul, MN as the oldest of six children. Vice President Hubert Humphrey lived on our block during those years while he taught at Macalester College. Cheerleading for the boys' basketball and hockey teams was a highlight of my high school years. I took a semester off from college to work as a page in the MN Senate as I babysat for one of the Senator's family who lived across the street from us. During college, I was fortunate enough to have saved enough babysitting money to travel to Europe with a backpack and bell bottoms visiting student friends for 10 weeks in my junior year while earning a Child Psychology degree at the U of MN.

Then City Girl met Country Boy and married in 1976. This City Girl peeled red pine trees that Tom had cut for building our first log home in northern MN wearing out the seat of two pairs of overalls. Our two most memorable family trips were to Excursion Inlet and Juneau, Alaska halibut and salmon fishing with our sons while visiting with a college roommate's family. Whales would breach right in front of their cabin. Our children were the same ages and they roamed the wilderness together making lifetime memories.

We had visited friends living in SCOV and rented each March for 5 years before purchasing our SCOV home 15 days after retirement in 2018. I was an office manager in my husband's insurance agency in Long Lake, MN for over 20 years. Currently during the summer, we live on Lake Independence in Maple Plain, MN kayaking, boating, biking and hiking.

I began playing Pickleball in the winter of 2018 and have loved the camaraderie ever since! I am so thankful for the mentors, clinics and fellow players who have taught and encouraged me. I also enjoy spending time in Bible Study, biking with the WOWS, hiking and reading by the pool. We are all blessed to live in such a vibrant and friendly community.

Can you guess who this mystery member is?? Their name can be found at the bottom of this page.

CLUB LADDER PLAY CONTINUES!



Sunday Mornings: 10:00 am - 12:00 noon for Competitive and 12:00 noon - 2:00 pm for Casual, depending on the number of members who sign up. You don't have to play every week to participate. Times are subject to change depending on weather conditions and number of participants.

All players can sign up until **Saturday at 12:00 noon** by sending your name and skill level to Bill Brown at bdbrownbaseball@gmail.com. Bill is our Ladder Manager and sets up the groups for Sunday mornings. Title your email as Ladder Play.

PLEASE CHECK YOUR EMAIL ON SATURDAY EVENINGS around 6PM to confirm your starting time slot (either 8:00AM or 10:00AM) on Sunday morning.

Did you guess who our February mystery member is? Thank you, Ann Garlinghouse, for sharing with us!