



SCOV Pickleball Club Newsletter APRIL 2021

<https://scovpb.org>

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NEW PICKLEBALL RULE YOU SHOULD KNOW!

RULE 4.A.2



EXISTING: At the beginning of the service motion, both feet must be behind the baseline and the imaginary extension of the baseline. At the time the ball is struck, the server's feet may not touch the court or outside the imaginary extension of the sideline or the centerline and at least one foot must be on the playing surface or ground behind the baseline.

NEW: The moment the ball is served:

- At least one foot must be on the playing surface behind the baseline.
- Neither of the server's feet may touch the court on or inside the baseline.
- Neither of the server's feet may touch outside the imaginary extensions of the sideline or centerline.

REASON: This change removes the confusion about where a server's feet must be at the start of the service motion as compared to the actual serve. This rule simplifies the feet restrictions to the actual serve of the ball. There is no longer a restriction on the server's feet location when they start their service motion. The feet guidelines apply only to the moment the ball is served.

COME JOIN US FOR THE 2ND ANNUAL PICKLEBALL POKER TOURNAMENT!

REMINDER! SIGN UP BEFORE APRIL 5

This is a tournament of
luck and skill—and always, FUN.

Thanks to those who have volunteered to help!

Sign-up sheets are at the courts.



COMPETITIVE PLAYERS: FRIDAY APRIL 16th, 10:00-NOON

CASUAL PLAYERS: SATURDAY APRIL 17TH, 10:00-NOON

THE WAY IT WORKS

- Each participant plays 5 games (10 minutes each) with a different partner as determined by draw.
- 1st, 2nd, 3rd prizes will be awarded for the top poker hands (see below for process details).
- The first 40 to sign up for each day may play.

THE PROCESS

At the end of each game, from a fresh deck of cards, each winner draws 2 cards; each non-winner draws one card. Save your cards until you have played all 5 games. You will end up with anywhere from 5-10 cards from which to make up your best poker hand. A poster will be up to explain poker hands (for neophytes).

Any questions, contact the tournament committee: **Karen Burnham (360) 798-9919; Dorothy Leonard (781) 929-5067; Laura Lewis (901) 517-9455**



WHAT'S NEW ON THE COURTS!

The proposals for additional pickleball courts have been presented to the Long Range Planning Committee. The power point presentation by Tony was well received by the Committee. They will consult with the tennis club about the change of a tennis court into pickleball courts. If the LRPC approves the presentation, they will send to the SCOV BOARD for approval. The Board should make a decision by May. Let's hope for the best!!!

Thanks to Doug Brown for organizing such an awesome training for beginners and those interested in improving their skill level. We had to turn people away, there were not enough courts!

CALLING ALL VOLUNTEERS!

We need volunteers to work on our pickleball committees. Our 2020 committee members have done a fantastic job, our club would not be the same without the hard work and dedication of these amazing people. For 2021 we need volunteer for these committees:

- **MAINTENANCE COMMITTEE:** This is a new committee. The maintenance committee will schedule members to clean courts in the morning, especially after wind and rain events. We need casual and competitive players to volunteer to do this. It usually only takes a few minutes, and with enough volunteers to spread out the work, it is not that much of a chore.
- **SCHEDULE COMMITTEE:** Want to get into the thick of it? This committee develops the court schedule, allocating the courts among the various groups that want to use them.
- **SOCIAL COMMITTEE:** Organizes our Christmas party, summer Pizza party, and Octoberfest Beer and Brats party.
- **NOMINATING COMMITTEE:** Tasked with recruiting members to run for board positions. This is so important to keeping the club going.
- **TOURNAMENTS COMMITTEE:** Organizes tournaments, like the incredibly popular Poker Pickleball, and Ladderball tournaments.
- **TRAINING COMMITTEE:** Helps teach basic pickleball to new players, instructs on using the ball machine, and conducts clinics to hone the skills of our players.

Please phone, text, or email John McConnaughey if you can possibly help out on one of these committees. phone is 503-580-2465, email is Captain.Faisua@gmail.com.

**The MARCH-APRIL Court Schedule is now posted on the website.
Two new beginners time slots have been added.
(Monday and Tuesday)**

Spring (March - April '21) Pickleball Court Schedule

Court #	Monday					Tuesday					Wednesday					Thursday					Friday					Saturday					Sunday										
	1	2	3	4	5	1	2	3	4	5	1	2	3	4	5	1	2	3	4	5	1	2	3	4	5	1	2	3	4	5	1	2	3	4	5	1	2	3	4	5	
6:30-8:00	Open					Open					Open					Open					Open					Open					Open										
8:00-10:00	Casual					Competv					Casual					Competv					Casual					Competv					Ladder										
10:00-10:30	Com/Cas					Com/Cas					Com/Cas					Com/Cas					Com/Cas																				
10:30-12:00	Competv					Casual					Competv					Casual					Competv					Casual															
12:00-1:00	Open					Open					Open					Open					Open					Open					Open										
1:00-3:00	Beg/Nov		Open/Res			Training					Casual		Beg/Nov			Competv RR					Casual RR					Competv					Open/Res										
3:00-4:30	Casual		Comp Women			Beg/Nov		Women			Competv					Open/Res					Open/Res					Casual		Beg/Nov			Open/Res										
4:30-6:00	Open/Res					Open/Res					Open/Res					Open/Res					Open/Res					Open/Res					Open/Res										
6:00-7:30	Women		Open/Res			Comp		Casual			O/R		Women		Open/Res			Comp		Casual			O/R		Open/Res					Women		Open/Res			Comp		Casual			O/R	
7:30-9:00	Open					Open					Open					Open					Open					Open					Open										



**WANT TO IMPROVE YOUR GAME?
WEEKLY SKILLS CLINICS ARE BACK!**

Every Tuesday from 1PM to 3:00PM a skills clinic is offered to improve your confidence and competence on the court. You must sign up ahead of time to attend. These clinics fill up fast! Only 20 can attend. The sign up form is located at the courts.

SERVE AND RETURN OF SERVE

THIRD SHOT DROP

VOLLEY AND HALF VOLLEY

LOBS AND OVERHEAD SLAMS

PARTNERING SKILLS

Before attending a skills clinic, go to our website and review the videos and handouts on the skill being covered that week: <https://scovpb.org/skills-clinics-2/>

Tips to Improve Your Play!

The Pickleball Serve - Part Two



One essential thing to practice in Pickleball is service. Without it, there are no plays and rallies that will happen in a match. Some players will also say that the pickleball serve is the first line of attack, so beginners need to practice their service. There are a few rules that players need to know to prevent committing service errors. First, the only allowed serves are underhand serves.

Furthermore, players need to strike the ball during service at a level below their waist. Servers must not step on the baseline during service, and the pickleball serve must not hit the non-volley area lines. If servers commit these errors, the play will end, and the opponent will serve afterward. The services are crucial to every Pickleball match.

Here are more tips on how to improve your serving skills and how to perfectly pickleball serve every game (see last month's newsletter for Part One Serving Tips):

Know Your Court

Aside from aiming, you also need to make sure that you know your court well to your advantage. Here's a break down of where you should aim your pickleball serve:

- **Middle area:** Common for beginners to aim the ball. It is also the safest area to serve the ball and to not commit a fault.
- **Backline:** The end and corners of your opponent court is a great spot to target. Doing so will confuse your opponent whether he or she will get the ball.
- **Area slightly beyond the "kitchen":** The "kitchen" or non-volley area is a spot where you cannot target. However, somewhat beyond that is an area that players opt to serve the ball.

Right Form For Your Body

To hit an effective pickleball serve, you need to have the proper form of your body. This trick also reminds you that you cannot step on the baseline of the court during service. You need to take into considerations these tips to correct your body form during serves.

- Put weight on your back foot and swing your arm to hit the ball to improve your service efficiency.
- You need to make your pickleball serve grip firm and strong to improve service power.
- Do not lean forward during service since it will cause you to lose accuracy and consistency.

MORE SERVING TIPS IN NEXT MONTH'S NEWSLETTER!

April Mystery Club Member...Who AM I?

I was born in Tomah, Wisconsin and raised on a dairy farm with registered Brown Swiss cows and my quarter horses. As a youngster, I showed our cattle and my horses at the county fair. Later in my teens and twenties, I showed my horses in three states and barrel raced in rodeos.

I attended the University of Wisconsin, La Crosse, majoring in Physical Education and Health. I taught for 38 years in Augusta, Wisconsin, and coached volleyball, basketball, softball, track, and golf as well as being Athletic Director.

I have two children, and four grandchildren. My first husband passed away in 2007. In 2013 I met my husband, John, who had lost his wife in 2007. We were married in 2015 and purchased a home here the same year. John is a pilot and learned to fly in the Air Force here in Tucson. He also flew for United.

After giving up showing horses, I had great success breeding and showing cairn terriers and beagles across the country.

Pickleball is my favorite activity here in Sun City. John and I also enjoy hiking and flying around the area.

Can you guess who this mystery member is?? Their name can be found at the bottom of this page.

CLUB LADDER PLAY CONCLUDES!



Our Fall/Winter ladder play has concluded until next October. With the warmer weather coming and the snowbirds heading home soon, now is a good time to finish ladder play for the season. We would like to thank everyone who participated. There were 56 members in the competitive group. We would also like to thank Bill Brown, who organized and put on the ladder play each week.

Bill would like to run a mini ladder (6 weeks) from April 11-May 16 for any full time members and snowbirds that are still here. If anyone is interested, just send Bill an email (bdbrownbaseball@gmail.com) so he can get an idea if there will be enough players. Once names are collected you will receive an email with additional information about day and times for ladder play.

Did you guess who our April mystery member is? Thank you, Larea, for sharing with us!