



SCOV Pickleball Club Newsletter OCTOBER 2021

<https://scovpb.org>

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NEW PICKLEBALL RULE YOU SHOULD KNOW!

RULE 11.K - The Net Posts



Existing Rule 11.K - The net posts including connected wheels, arms or other supported structures are positioned out of bounds. If a ball or player contacts the net post while the ball is in play, that player commits a fault.

New Rule 11.K - The net posts including connecting wheels, arms or other supported structures are positioned out of bounds. It is a fault if a player contacts the net post while the ball is in play.

REASON - This change is in conjunction with the modification of rule 8.D and removes any ambiguity concerning a ball that hits the net post or supported structures after it has bounced into the opponent's court. In Rule 8.D., the hitting player has not committed a fault but rather has won a rally.

FALL COURT SCHEDULE

Fall (October - November '21) Pickleball Court Schedule

Court #	Monday					Tuesday					Wednesday					Thursday					Friday					Saturday					Sunday										
	1	2	3	4	5	1	2	3	4	5	1	2	3	4	5	1	2	3	4	5	1	2	3	4	5	1	2	3	4	5	1	2	3	4	5	1	2	3	4	5	
6:30-8:00	Open					Open					Open					Open					Open					Open					Open										
8:00-10:00	Casual					Competv					Casual					Competv					Casual					Competv					Ladder										
10:00-10:30	Com/Cas					Com/Cas					Com/Cas					Com/Cas					Com/Cas					Com/Cas															
10:30-12:00	Competv					Casual					Competv					Casual					Competv					Casual					Open/Res										
12:00-1:00	Open					Open					Open					Open					Open					Open					Open										
1:00-3:00	Trans- itional		Begin ner			Training					Trans- itional		Begin ner			Competv RR					Casual RR					Trans- itional		Open/ Res			Open/Res										
3:00-4:30	Comp Men		Comp Women			Open/Res					Competv					Open/Res					Open/Res					Open/Res					Open/Res										
4:30-6:00	Open/Res					Open/Res					Open/Res					Open/Res					Open/Res					Open/Res					Open/Res										
6:00-7:30	Women		Open/ Res			Comp		Casual			O/ R		Women		Open/ Res			Casual					Begin ner		Open/Res					Women		Open/ Res			Comp		Casual			O/ R	
7:30-9:00	Open					Open					Open					Open					Open					Open					Open										

**A CLOSER LOOK AT THE SCHEDULE!
CLINICS, LADDER PLAY, AND MORE!**

SKILLS CLINICS:

Our Fall skills clinics will begin on November 2nd. Our training time slot will continue to be Tuesdays from 1pm till 3pm. Our format will be a little different this year.

We will have two groups based on skill levels. Beginner/ Casual will meet from 1pm till 2 pm. Advanced Casual/ Competitive will meet from 2pm till 3pm. If you are still developing basic skills you should sign up for Beginner/Casual. If you feel confident in basic skills and want to learn more advanced skills such as partnering and strategy then sign up as advanced Casual/ Competitive.

You can change from Beginner/ Casual to advanced Casual/ Competitive for the winter sessions if you feel your skills are ready then. Sign up sheets will be available at the courts for each week. We will take the first twenty players for each group.

If you have questions or would like to be an instructor please call/text Doug Brown at 360-772-9738 or email at wizisland@comcast.net.

LADDER PLAY:

The courts are starting to fill up as more of our friends are returning to Sun City. The fall schedule will go into effect October 1st. Due to the great response last year, we will again include the ladder play in the schedule on Sunday mornings, with play at 8-10 and 10-12. The ladder will run from October 24, 2021 to March 27, 2022. The ladder is open to all SCOV PB members. For those that are not familiar with ladder play, it is organized play that puts participants in groups with similar skills.

Here is how the ladder works. Each group will have either 4 or 5 players in their group. You will play a game with each member of your group. Groups with 4 players will play games to 11 points and groups with 5 players will play to 8 points. Scores will be kept on score sheets provided by the ladder manager. After a group has finished with their set of games, the score sheets are totaled. When all groups are finished, the ladder manager will create new groups for a 2nd set of games. Example: Using the scores from the first set of games, the low scorer on a court moves down a court and the high scorer moves up a court.

Members that want to participate, need to email the ladder manager, Bill Brown, at bdbrownbaseball@gmail.com, each week to sign up for the week. Members are not obligated to play every week. Sign ups for each week is on a first come, first serve basis. We can accommodate up to 25 players for each session. The cutoff for signing up is 6 PM Saturday evening. The ladder manager will create the groups and email everyone that signed up with the members of each group and time of play.

If anyone has any questions concerning the ladder play, feel free to send an email to Bill Brown at bdbrownbaseball@gmail.com.

NEW! TRANSITIONAL PLAYERS TIME SLOT ADDED:

Players who prefer a less vigorous game including members with temporary or ongoing physical or medical conditions. There are three times this group can play (Mon, Wed, Sat from 1pm to 3pm. If the need arises, more time slots may be need.

MENTORING PROGRAM TO ASSIST BEGINNERS:

If you are an experienced casual or competitive player and would like to volunteer for the mentoring program (during the beginner's time slots) to help our newer players become more proficient with rules and simple basics of play, contact Jan Lutz at jolja24@gmail.com.

PRIVATE LESSONS:

Want to improve your game? Private pickleball lessons are now available in Sun City. Skills covered include service and return of service, scoring positioning, and tactics. Call Santino for more information at 717-371-5065



WHAT'S NEW ON THE COURTS!

THE PROPERTIES COMMITTEE is still looking into the possibility of installing a WIFI line at the pickleball courts. Currently, the signal is too weak to process. The Club would like one line installed so we can go into the website and check to see if anyone is playing at certain times of the day. It may not be cost effective to run a line underground. It may be possible to piggyback off one of the other lines which is close to the courts.

President Tony Masterjohn will be making a presentation to the SCOV Board in late October for additional pickleball courts. It appears until/and if the new courts at the miniature golf area are constructed, only temporary courts will be striped at the tennis courts. Four pickleball courts can be restriped from one tennis court.

The Scheduling committee has come up with the fall schedule. A notice had been sent out to all members for their input for the scheduling. Only six members attended the meeting. The committee has decided to add a new group to the schedule. TRANSITIONALS—Players who prefer a less vigorous game including members with temporary or ongoing physical or medical conditions. There will three times this group can play. If the need arises, more time slots may be need. Thanks to Anne Rusch for the suggestion.

MARK YOUR CALENDARS FOR THESE UPCOMING SOCIAL EVENTS

Dig out your stein and don your lederhosen, dirndl and braids!

It's time to register for our OKTOBERFEST



Friday, October 22 from 5pm to 8pm at Catalina Vista!

Brats, buns, sauerkraut, German potatoes, soft pretzel, dessert PLUS

Music, Photo Opportunity and the "Chicken Dance"!

All for \$7.00 pp BYOB!

Prost!

Friday, February 4th, 2022 – Annual Meeting and "FIESTA" at Catalina Vista from 6:30pm to 8:00pm. Music, fun, food, games and the of course, there's the meeting. Ole! 🍷

Saturday, April 30th, 2022 – Going Away Picnic at Catalina Vista from 5:00pm to 8:00pm where we say goodbye to those leaving us for the summer. Food, Fun, games and a few ants! 🐜

Tips to Improve Your Play!

The Pickleball Serve - Part Four



One essential thing to practice in Pickleball is service. Without it, there are no plays and rallies that will happen in a match. Some players will also say that the pickleball serve is the first line of attack, so beginners need to practice their service. Here are more tips on how to improve your serving skills and how to perfectly pickleball serve every game (see March, April and May's newsletter for Parts One, Two and Three Serving Tips):

Use Special Serves

There are a lot of serves to use in a pickleball match. These services use techniques to increase the difficulty of returning the ball. Here are some methods to use:

- Spin serves. Spin serves are the most interesting one to do in a game. You will put a spin on the ball before hitting it for service. You need to target the area slightly beyond the non-volley zone, and the ball will bounce depending on your pickleball serve spin. This technique will confuse your opponent to what direction will the ball go.
- Drop serves. This strategy targets the back line of the court. Pickleball Lob servers, or drop servers aim to the end line by hitting the ball high and soft. This kind of service is what professionals call a "placement serve" since you are placing the ball to the end court.
- Power Serves. Pickleball power serves also target the end of the court. You need to practice aiming to the back line of the court before trying these service techniques. Power serves target deep in the court but with more power and less arch. Compared to pickleball lob serves, power servers don't hit the ball high but closer to the net. Sometimes, players include a spin to the serve to make it more difficult to return.

Vary Your Services

You can use all different kind of serves in a match, but the trick is not to use them continuously. You need to vary your services to confuse your opponent. Using the same kind of serves consistently will allow your opponent to guess and to return it properly. Do not let your opponent get used to your serves.

Players commonly use a drop or lob service technique, then surprises their opponent by serving a ball with a pickleball serve spin. Pickleball players also opt to do an average serve and use their specialty afterward.

Keep In Mind

Improving your serving skills is an advantage if you want to play Pickleball regularly or professionally. Take these tips as a guide to increase your efficiency in serving. Keep in mind to form your body in the right position to give a powerful hit. Before serving, calm your nerves and strategize where to aim the ball and what kind of service you will do. Create variation throughout the match to confuse your opponent.

But most importantly, enjoy your match! Pickleball is a great sport to play and winning or losing a game will teach you a lesson to use for your next matches. With these tricks, take pride in your service and give it your best shot during your turn to pickleball serve.

October Mystery Club Member...Who AM I?

They called me the King!

That is because I was the heaviest baby ever born in that military hospital in Anchorage, Alaska. My mom was due in January but it was freaking cold up there so I held out until February 26, almost made it to March. After that we moved to Maryland while my dad was stationed at the Pentagon, then they sent us to Japan for 2 years.

After that he was transferred to Atlanta where I attended Catholic military school. When my dad retired, I was the highest-ranking officer in my fifth-grade class, thought I might be a general someday.

Have you figured me out yet?

Both of my parents were born in Bar Harbor, Maine. When my father retired, we moved back home although I am not a local because I wasn't born there. After graduating from high school, I went to college, dropped out and traveled the country, went back to college, dropped out, traveled the country again, finally graduated in political science.

My first date with the love of my life was about 49 years ago today, I took her climbing up a very steep trail in Acadia National Park, she passed the test and soon we had 2 beautiful daughters who grew up in Bar Harbor. Some people call her "long tall Sally" on the pickleball courts.

I worked several years in a bank, then helped my best friend run his carpentry business. But working outside during the harsh Maine winters drove me to consider other options. I studied hard ("Daddys Boring!") and passed the CPA exam and opened a CPA firm and an investment firm in my hometown.

Our oldest daughter came to Tucson for grad school at U of A and met a fantastic guy and never left. Her sister decided it was a great place and also moved here and is happily married as well. And best of all we now have 4 very special grandkids here! They all love to visit Maine in the summertime!

For several years we would spend a few weeks in Tucson visiting them and knowing we would like to spend our retirement winters here someday. Our daughters took us hiking in Catalina State Park and in Honeybee and biking on Rancho Vistoso. Several years ago we decided to rent in SCOV and have been coming ever since, owning a home on Mule Train now. We love spending our winters in SCOV near family and all of our wonderful friends! Pickleball, biking, hiking, rock n roll, are we lucky or what!

BEER, BEER, BEER, BEER, BEER!!!!

Can you guess who this mystery member is??

Did you guess who our October mystery member is? Thank you, MJ Mclsaac, for sharing with us!