



SCOV Pickleball Club

Newsletter September 2023

<https://scovpb.org>

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PICKLEBALL RULES YOU SHOULD KNOW!

SECTION 2. G. - Apparel



Pickleball is a game that requires cooperation and courtesy. A sense of fair play from giving the opponent the benefit of any doubt is essential in maintaining the game's underlying principles of fun and competition.

2.G.1. Safety and Distraction. A player may be required to change apparel that is inappropriate, including that which approximates the color of the ball.

2.G.2 Depictions. Graphics, insignias, pictures, and writing on apparel must be in good taste.

2.G.3 Footwear. Shoes must have soles that do not mark or damage the court's playing surface.



WHAT'S NEW ON THE COURTS!

Expect to see netting installed soon near courts 4 & 5 to protect players from stray golf balls. Recently we have had golf balls land on the pickleball courts. We have been told the netting and material needed to attach the nets have been ordered. We are hoping for a nicer long-term solution. Stay tuned!

It's very important to continue to sign in when you play. There is a separate binder for courts 6 & 7. We appreciate your efforts and hope that we can discontinue the practice in the near future.

Ladder Play will resume in the fall, beginning on October 22. Bill Brown, who organizes the weekly ladder play, is wanting to know if there is interest in a women's ladder play. Please email Bill at bdbrownbaseball@gmail.com if you would like to see a women's ladder play added to the fall court schedule.

SCOV Pickleball Club board elections are held in early November. The Nominating Committee is seeking nominees during September and October to serve on the 2024 Pickleball Club Board. If you are interested or if you know of anyone you'd like to nominate, please contact Nelson Brown at lnelsonb@gmail.com.



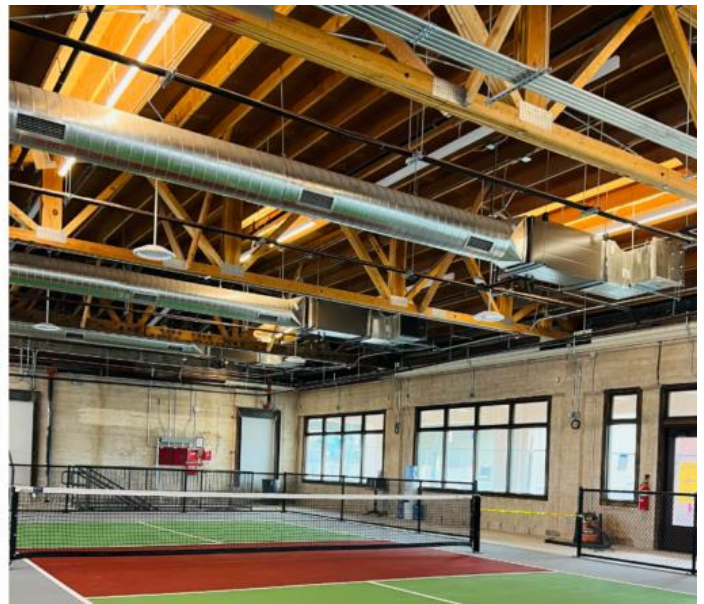
Corbett's: Food, Pickleball and More!

A sprawling multipurpose entertainment complex that takes up a city block, with pickleball courts, a full-service restaurant, an outdoor live music stage and a beer garden, opened on Tuesday, Aug. 29.

With the rise of pickleball's popularity, CORBETT'S is excited to house a total of five pickleball courts, three of which are located outside near the beer garden and two located inside the renovated and climate-controlled building. The courts will be open every day from 7am to 10pm and can be rented by the hour for play.

CORBETT'S is located at the historic address of 340 N. Sixth Ave. – sharing the intersection with EXO Roast Co., Tap & Bottle, and Miller's Surplus. In addition to the newly-built and renovated buildings, there is also a 192-space dedicated parking lot located directly off Fifth Avenue between Seventh and Eighth Streets to provide easy parking for guests.

Inside the Corbett Building, which was built in 1930 to house the family's lumber and hardware business, the partners left bare the stucco and brick interior walls of the building. With the exception of replacing some damaged wood, the original bow trusses also remain unchanged. The rustic feel of the space contrasts with the twin regulation-size pickleball courts that take up most of the main floor.



THE GREAT PICKLEBALL GOLD RUSH!

Not everyone can be Josh Harris, the private equity mogul who just dropped \$6 billion to purchase the NFL's Washington Commanders. Most people who want a piece of a pro sports franchise have to start a little lower.

Enter Pickleball. A sport you probably hadn't heard of before it became a *thing* around five years ago is now the premier arena for celebrities and billionaires who want to cosplay as Jerry Jones. Maybe rich people just know a good deal when they see it. As Abe writes in this week's cover story, Major League Pickleball teams can now be bought for around \$5 million, roughly what it cost to purchase a Major League Soccer franchise in the 1990s. Today, those MLS teams run a half-billion dollars.

Deep-pocketed celebs and financiers see nothing but upside in the rising racquet sport, in part because they too now play the game. And you probably do as well. Pickleball participation in the U.S. doubled from 2021 to 2022, and the sport's promoters expect to see a quadrupling by 2030, as new courts pop up everywhere imaginable.

New York now has an enormous CityPickle complex in Central Park. San Franciscans are fighting, as usual, over where to allow more courts. And according to SFGate, pickleballs are now flying around abandoned big box-store locations and atop shopping malls everywhere from Stamford, Conn., to Lake Saint Louis, Miss., to San Diego, Calif.

Face it: We're a pickleball country now. Harris might've bet on the wrong sport.

The Hot New Trophy Asset: A Pro Pickleball Team

What do Mark Cuban, David Dobrik, LeBron James and Kate Upton have in common? Aside from fame and fortune, they all play patron to Major League Pickleball teams. Abe takes stock of the A-list cast of billionaires and celebrities hungrily snapping up stakes in the nation's fastest growing sport.

Tips to Improve Your Play!

HOW TO WIN THE DINK BATTLE!



Dinking generally happens when all four players in doubles pickleball are at the Non-Volley Zone line. Assuming you have mastered the steps to hitting the perfect pickleball dink, how do you make the most out of your dink shot? You and your partner worked so hard to get to the Kitchen line (as most points are won there!), but now how do you win the point?

Strategy is so important in the game of pickleball, as pickleball is not only a physical game, but also a mental game. This is particularly true when you are engaged in a dink battle with your opponents in doubles pickleball. What pickleball strategies should you use to win those dink battles with your opponents? The following are 7 pickleball strategies and pickleball tips to help you win the dink battles on the pickleball court!

1. Take the Pickleball Out of the Air When You Can

When possible, try to hit the pickleball out of the air when you are dinking at the Kitchen line. This will help you apply pressure on your opponents, as it will cut down on their time to react to your shots and give your opponents less space to place their shots. Plus, by taking the pickleball out of the air, you will be able to cut down on any angles hit by your opponents or weird bounces from any spin put on the pickleball by your opponents. Further, by taking the pickleball out of the air, you will prevent the pickleball from getting to your feet, which are more difficult shots to react to and hit an unattackable shot off of.

If you are unable to take the pickleball out of the air, you have two options:

1. **Take a Step Back** - Consider taking a step back to hit a better shot when the pickleball is at its highest point off the bounce; or
2. **Hold the Line** - If you can hold the line (more on this in the next strategy!), consider taking the shot off of the short hop, or immediately off of the bounce. By taking the shot relatively quickly after the bounce, you can still accomplish the goal of reducing your opponents' time to react to your shot. Or, if the pickleball is a relatively weak dink from your opponents, you could also wait until the dink is at its highest point off of the bounce, and then hit a more aggressive shot when the pickleball is at its highest point.

More tips to come in next month's newsletter!

September Mystery Member ... Who Am I?

I grew up in a fishing family in Rowayton, Connecticut. We maintained a large garden, and canned our food, jams and pickles to supplement a refrigerator that snapped and gurgled with creatures from the sea. I am very fortunate to have grown up in a family that harvested our own fresh food. We moved to Rhode Island when I was a teen and it was there that I learned food usually came from the grocery store in boxes!? Many folks in my Rhode Island hometown made their own sausage and pasta which dried on their backyard clotheslines. One of the things that I love most about Sun City is the abundance, variety and sharing of fresh fruit which makes cooking from my favorite "Love and Lemons" website easy.

Mine was an athletic family. Running, skiing, basketball, and tennis were our main pursuits. We were all inspired by tales of my great uncle, "the flying parson" who competed in the '32 Olympics. My fondest athletic memories were training with my cycling friends and competing throughout New England in bike races.

I enjoyed a long career as a Structural Engineer. Walking the steel frames of high rise buildings in Boston, working with teams of diverse talented people, and implementing design innovations were some of the many highlights for me.

My husband and I met 17 years ago on the Trek Across Maine, a fundraiser for the American Lung Association. Together, we have four sons who live on the east, west, and south coasts of the US and in Zurich, Switzerland. My husband and I started visiting Arizona six years ago and are now fully retired spending winters here and summers in Rhode Island.

Learning the game of Pickleball, and meeting so many friendly people in our club has been a real thrill for me. The SCOV Pickleball folks are the most fun-loving people around. Thanks to all of you for welcoming me into your fold and see you on the courts!

Can you guess who this mystery member is?

Save the Date!
FALL SOCIAL



Are you a little bit country or a little bit rock 'n' roll? Save the date for the annual fall Pickleball party featuring Chuck Moses
Thursday, November 8, 4 to 7PM

Interested in learning some line dances? We'll have practice sessions prior to the dance. Watch for the announcement in the near future with dates, times and location!

Did you guess who our September mystery member is? Thank you, Lisa Lawless, for sharing with us!