



SCOV Pickleball Club Newsletter January 2024

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IN THIS ISSUE:

- Pickleball Rules You Should Know!
- What's New on the Courts
- Pickleball Annual Meeting
- Line Calls Code of Conduct
- Tips to Improve Your Play
- Mystery Member

*Happy
New Year*

PICKLEBALL RULES YOU SHOULD KNOW!

What's New or Changed For 2024



7.L Catch or Carry Ball on the Paddle

Rule 7.L - now makes catching or carrying a ball on the paddle a fault without having to determine that the catch or carry was deliberately done.

A Carried Ball is one which rests on the paddle long enough that the effect is more of a sling or throw than a hit.

TEST YOUR KNOWLEDGE!

How many time-outs is a player or team entitled to for an 11 point game?

One, Two, OR Three

You'll find the answer on the last page of this newsletter!



WHAT'S NEW ON THE COURTS!

The club appreciates your efforts in keeping the courts clean. We have first-class courts to play on so please keep food and drinks in the seating area(s).

The club has a rule in place that no pets are permitted in the seating / sign-in area (the north side of the courts only) or on the courts.

Jim Steinmetz and Denise Hartman will be coordinating the spring clinics.

The By-Laws Committee (Michael Voellinger, Fred Boness, Bob Arms & Tom Stranc) is in the process of updating our by-laws. Stay tuned!

We will give away 2 paddles at the annual Meeting! The green zone paddle and the infamous OWL paddle, so be sure to attend the meeting on January 6, 2024.

Eye protection is strongly recommended. Amazon offers protective glasses for as little as \$4.28!



Dewalt DPG54-1D Protector
Clear High Performance
Lightweight Protective Safety
Glasses with Wraparound
Frame

2024 Pickleball Annual Meeting

Saturday, January 6th at 4:00PM

Activity Center Auditorium

If your last name begins with A-L, please bring an appetizer,

If your last name begins with M-Z, please bring a dessert

BYOB; Complimentary Wine and Beer will be provided.

When you check in you will receive an entry to win one of two racquets!

LINE CALLS 101

"CODE OF ETHICS" FOR LINE CALLS IN PICKLEBALL

1. Only make line calls on your side of the pickleball court and always strive for accuracy
2. Only call "out" balls when space is clearly visible between the line and where the pickleball lands
3. Call "out" balls promptly
4. Use voice and/or hand signals to call "out" balls
5. Give the benefit of doubt to your opponents
6. If you and your partner disagree, the ball is "in"
7. Spectators should not make any line calls
8. Do not question opponents' line calls unless there is a referee
9. You may ask your opponents to make a line call (but you give up your right to make the call and, if your opponents cannot make the call, the call will be "in")
10. An "out" call prior to the pickleball bouncing will be deemed partner communication and not a line call
11. You may overrule a line call that is to your disadvantage (and in favor of your opponents) at any time



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Tips to Improve Your Play!

HOW TO WIN THE DINK BATTLE!



Dinking generally happens when all four players in doubles pickleball are at the Non-Volley Zone line. Assuming you have mastered the steps to hitting the perfect pickleball dink, how do you make the most out of your dink shot? You and your partner worked so hard to get to the Kitchen line (as most points are won there!), but now how do you win the point?

Strategy is so important in the game of pickleball, as pickleball is not only a physical game, but also a mental game. This is particularly true when you are engaged in a dink battle with your opponents in doubles pickleball. What pickleball strategies should you use to win those dink battles with your opponents? The next few newsletters will present 7 pickleball strategies and tips to help you win the dink battles on the pickleball court! Here is Tip #5!

Move the Dink Around and Mix It Up

When dinking, it is critical to move the dink around, mix it up, and remain unpredictable. This means mixing up spins, speeds, angles, depths, and placement of your dinks. The more unpredictable you can be, the more you will catch your opponents off guard and confused on their side of the pickleball court (whether confused between the two, as to who should hit the pickleball, or confused themselves about how to hit the pickleball or whether to hit the pickleball out of the air or off the bounce). With that said, there are a few common places to hit your dink:

Crosscourt Dinks - A dink is most commonly hit crosscourt (as opposed to straightforward or in the middle of the court). This is because the crosscourt dink gives you the most margin for error, as (1) the lowest part of the net is in the middle; (2) you are hitting into a natural angle; and (3) you have more court space to dink into in your opponents' side of the Non-Volley Zone. In other words, the crosscourt dink is more forgiving and you do not need to be quite as perfect.

Down the Line Dinks - Despite the benefits of a crosscourt dink, you probably should not hit a crosscourt dink on every dinking shot. This is especially true because continuously going crosscourt may put extra pressure on you to be better and better on every successive shot. Plus, you want to remain unpredictable! Consider going down the middle of the pickleball court, or down the line on your side of the pickleball court, in order to keep your opponents moving and prevent your opponents from cheating to one side of the pickleball court. Down the line dinks are also generally easier shots to hit successfully than crosscourt dinks if you find yourself under pressure. In light of this, consider using down the middle and down the line dinks to stay in points if you are struggling to return strong or well-placed shots by your opponents with crosscourt dinks. This is especially true if your opponents are hitting strong, aggressively angled crosscourt dinks that pull you off the pickleball court and out of position. Rather than hit a shot at a sharp angle back across the pickleball court, you may find it is easier to gently tap the pickleball over the net in front of you. Lastly, consider going down the line on your side of the pickleball court when you see open court space from your opponents over-shifting. However, pick your opportunities carefully, as your opponent may be anticipating and waiting for your down the line shot.

More tips to come in next month's newsletter!

January Mystery Member ... Who Am I?

After growing up and graduating from college in Wisconsin, my dream was to work for the promotions department of a ski area in Colorado. A boy changed all of that, and I went East to Hartford, CT and then Philly. The job market was tight in 1989, so I became a flight attendant for American and loved it.

With one little boy and another in the oven, we returned to WI to be closer to family and the midwestern lifestyle. My (ex)husband hung a shingle and opened an orthodontic practice west of Milwaukee. It was a challenge to change the referral patterns of established dentists who all graduated from Marquette, so after 6 years of hard work, he moved our family of 5 to purchase a successful practice in Grand Forks, ND. 80 miles from the Canadian Border and yes, it is flat, windy and bitterly cold. A college town of 50k, where hockey is king and binge drinking is queen, I spent 15 years surviving there chasing my 3 young sons to soccer and hockey practices and games.

Now an orthodontist in Jacksonville, FL, a digital marketer in Medellin, Colombia and a mechanical engineer in SF, my children are my pride and more importantly, my joy. After they ditched the state for college with no plans to settle in ND, I returned to WI to care for my dear parents. Those old folks are the reason I am in SCOV. They purchased their 1st home in 1992 and were snowbirds through 2018. After my mom suffered a stroke they stayed in WI for the remainder of their lives.

boyfriend and I spent our 1st winter here in 2020. We never expected Winter Camp to be so incredibly awesome! I picked up a pickleball paddle for the 1st time and was welcomed onto the courts by oodles of generous, encouraging and inclusive people. In addition to pickleball, I spend my camp days at a local gym, hiking, a little biking, reading and enjoying the warm, winter sun I lacked for most of my life. Cheers.

Can you guess who this mystery member is?

OFFICIAL PICKLEBALL RULES QUIZ ANSWER!

Did you guess right?

Each player or team is entitled to two time-outs for an 11 or 15 point game and 3 time outs for a 21-point game.



Did you guess who our January mystery member is? Thank you, Beth Nuveen, for sharing with us!