



SCOV Pickleball Club Newsletter January 2025

<https://scovpb.org>

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PICKLEBALL RULES YOU SHOULD KNOW!

WHAT IF I DROP MY PADDLE OR HAT INTO THE KITCHEN DURING THE ACT OF VOLLEYING?



Rule 9.B: If you or your body touches any part of the kitchen while volleying, this is a fault. It includes your swing, follow-through, momentum, and even applies to your paddle or anything you're wearing.

9.B. It is a fault if the volleying player or anything that has contact with the volleying player while in the act of volleying touches the non-volley zone. For players using wheelchairs, the front (smaller) wheels may touch the non-volley zone.

9.B.1. The act of volleying the ball includes the swing, the follow-through, and the momentum from the action.

9.B.2. If the paddle touches the non-volley zone during the volley motion, before or after contacting the ball, it is a fault.

CLUB NEWS

MEET YOUR NEW 2025 BOARD!

President: Phil Rose

VP 1: Ralph Perillo

VP2: Jerry Franklin

Treasurer: Carol Murray

Secretary: Laurie Brown

LAST CALL! If you missed ordering your pickleball name tag bring \$9 cash to the annual meeting and place your order. This will be the last name tag order of the season.

**2025 Annual Pickleball Meeting
Saturday, January 11th at 4 PM
Activity Center Auditorium**

You and your guest must register by Friday, January 3rd to attend

Meet and mingle while enjoying catered appetizers alongside wine and beer (while supplies last).

Members only who are current on their dues can receive a 2025 paddle sticker and be eligible for a drawing for a \$250 Amazon gift card!

A formal program will be followed by a Town Hall format for audience questions.

COST TO ATTEND IS \$6.00 P/P.

Register via the email announcement link or by going to our website and looking under the Events tab



WHAT'S NEW ON THE COURTS!

BEGINNER AND RECREATIONAL MENTORING PROGRAM: Doyle Ranstrom and Jack Anderson have coordinated a mentoring program for the duration of the winter schedule to help beginners and recreational players improve your skills. The beginner opportunity is on court 1, Tuesday at 1:00. Beginners/rec clinic, Wednesday, courts 1 and 2, 1:00.

CLUB SPECIAL EVENTS: It is clear that on-court “special events” are very popular among our membership; Casual, Mixed and Competitive round robin, the Memorial Pickleball Poker Run food drive, beverage play and our twice-yearly game improvement clinics. Each of these events are very unifying and fun! They bring out the best in our club.

In that vein we owe a debt of gratitude to our friend and club member Bill Brown who has used his organizational skill once again to create the 2nd annual year end Mixed Doubles Tournament, which was held December 29. This event was exciting and fun for all and club camaraderie was evident all around.

We should continue to seek out opportunities to create exciting events that our membership can rally around. If you have ideas you would like to introduce for the good of the club, contact a board member. Your creativity is welcome!

MIXED DOUBLES TOURNAMENT WINNERS

COMPETITIVE:

Roxanne and Dean Klas

Runners Up: Beth Nuveen and Dan Gardner

CASUAL:

John and Louise Everett

Runners Up: Chuck Chokel and Linda Marasa

WINTER 2025 COURT SCHEDULE

Winter (Dec 30, 2024 - Mar 30, 2025) Pickleball Court Schedule

Court #	Monday							Tuesday							Wednesday							Thursday							Friday							Saturday							Sunday															
	1	2	3	4	5	6/7	8	1	2	3	4	5	6/7	8	1	2	3	4	5	6/7	8	1	2	3	4	5	6/7	8	1	2	3	4	5	6/7	8	1	2	3	4	5	6/7	8	1	2	3	4	5	6/7	8									
6:30-8:00	Open							Open							Open							Open							Open							Open																						
8:00-10:00	Casual							Competitive							Casual							Rec	Competitive						4.0	Open	Casual						Open	Competitive							Open													
10:00-12:00	Competitive							4.0	Casual						Competitive							Casual							Competitive							Rec	Casual						Rec	Mixed RR														
12:00-1:00	Open							Open							Open							Open							Open							Open							Open															
1:00-3:00	Rec	3.0 Women's League Jan/Feb						Open March Clinics	Beg	Rec						Open	Rec/Rec Clinic	Rec						Open	Competitive RR						Casual RR							Open	3.5 Men's League						Open	Open	Rec						Open					
3:00-5:00	Open Jan/Feb (March Clinics)							Open Jan/Feb 3.0 Women's League (Mar)							Open	Open						4.0	Casual						Open	Open							Beverage							Open							Open	3.5 Women's League						Open
5:00-7:00	Women	80+	Open					Comp	Casual						Open	Women	80+	Comp					Casual	Open	Open							Women	80+	Open					Comp	Casual						Open												
7:00-9:00	Open							Open							Open							Open							Open							Open							Open															

You can download the winter schedule from the website. <https://scovpb.org>

Tips to Improve Your Play!

HOW TO WIN THE DINK GAME



1. A soft shot hit on a bounce from the NVZ intended to arc over the net and land within the opposing NVZ either straight across or diagonally crosscourt.
2. An effective dink arcs downward as it crosses the net, creating a more difficult shot to return than a power shot.
3. Dinks that land close to the net are the most difficult to return because of the steep angle required to get the ball over the net.
4. Crosscourt dinks are easier because the net is lower in the center and you can force their opponent off the court, potentially opening a hole.
5. Contact the ball in front of the body with the paddle face open, using a gentle lifting (pushing) motion.
6. The shot is soft and controlled with movement from the shoulder, no wrist break and minimal or no backswing to avoid overpowering the ball.
7. Be patient. Continue to dink until the opponent makes a mistake. If the ball is hit too high, there is a good chance for a put-away shot.

Check out these videos:

[Dinking 101 - Five Steps to a Winning Dink! - Pickleball 411](#)

[Improve Your Dink Shot: Pickleball 411 with Steve Paranto - YouTube](#)

[Basic Dink -- Consistency](#)

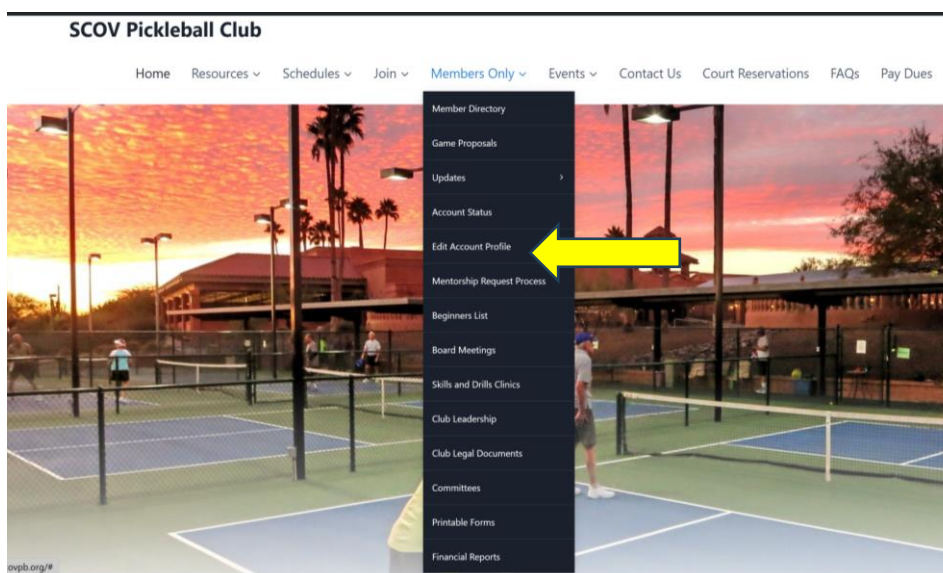
PICLEBALL FUN FACTS!

FIA and Pickleheads recently released their annual participation report and Pickleball continues to emerge as the fastest growing sport in the U.S. For three years straight it has seen a 223% surge overall.

Roughly 13.6 million Americans over the age of 6 participated, which is now roughly close to outdoor soccer at 14.1 million participants. Part of the reason for this is its popularity spans all age groups, with the highest number of players falling within the 25-34 age range. This helped dispel the myth that pickleball is only for older generations.

Here are some other fun facts:

- Year over year growth: 111%
- Highest participation: South Atlantic region
- Core participants: 59% male vs 41% female
- Average age: 46
- Average income \$86,000
- Over 1 million children under 18 participated in 2023
- 2024 Facility Increase: 2,962 were added, up 25% from 2023
- Total U.S. facilities: 15,043
- Facility make-up: Outdoor - 59%, Indoor - 36%, I/O - 5%
- # of Courts in the U.S.: 63,899
- Court makeup: Outdoor - 67%, Indoor - 33%



Updating Your Profile

Do you need to change your email, phone number or address...

Under the Members tab

- Click on Edit Account Profile
- Update the information you wish to change
- Click on Update Profile at the bottom of the page